

# Weather Check

*What's the weather in your organisation right now?*

**Pair up** with someone you don't know well.

Share your name, organisation, and the weather.

Then introduce your partner to the group.



Sunny



Partly  
cloudy



Rainy



Stormy



Foggy

*Or describe your own forecast...*

# What do we need from each other?

*For these two days to work, what do we need to agree on?*

How we'll listen...

How we'll share...

How we'll handle challenges...

What stays in this room...

*These are our agreements, not the facilitators' rules.*

# Permission Slip

*Write yourself permission for something you might need over these two days.*

*Keep it with you.*

I GIVE MYSELF PERMISSION TO...

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not have answers • admit things are hard • ask basic questions • disagree • change  
my mind

# Mini Manual of Me

*Resilient organisations are made of people who know themselves and can ask for what they need.*



I do my best thinking when...

...

When things get hard, I need...

...

Something that might not be obvious about me...

...

Ask me about...

...

# One thing that's kept us going

*Think of one thing - a practice, a decision, a person, a moment - that helped your organisation survive a difficult time.*

What was it?

...

Why did it matter?

...

Is it still there?

...

Share in groups of

4-5